

MEDICAL LICENSURE & CREDENTIALS

CURRENTLY ACTIVE:

Diplomate, The American Board of (PM&R)
Diplomate, The American Board of Pain Medicine
Physician's License, State of New York
Physician's License, State of New Jersey

PRACTICE EXPERIENCE

Co-Medical Director

Lower Hudson Medical Associates, P.C., White Plains, NY
2016 – Present

D*O*C*S Medical Practice, Hartsdale, NY

08/2014 - Present

Director of Pain Management

Westchester Neurological Consultants, P.C., Yonkers, NY
11/2011 - 07/14

Medical Director

Westchester Medical Cntr, Dept of Rehab Medicine , Valhalla, NY
04/2008 - 06/2010

Attending Physician

Rusk Institute of Rehab. Medicine - NYU Langone Medical Center, New York, NY

11/2005 - 06/2008

Bellevue Hospital Center, Dept. of Rehab. Medicine, New York, NY

11/2005 - 03/2008 Attending Physician

Private Practice

Therapeutic Inspirations, New York, NY

11/2005 - 03/2008

Medical Director

Rehab Institute of New York at Florence Nightingale Health Center, New York, NY

08/2003 - 12/2008

HOSPITAL PRIVILEGES

Dept. of PM&R, Westchester Medical Center, Valhalla, NY

Division of PM&R, Lenox Hill Hospital, New York, NY

Dept. of Rehabilitation Medicine, The Mount Sinai Hospital, New York, NY

Dept. of Rehabilitation Medicine, NYP - Lawrence Hospital, Bronxville, NY

ACADEMIC APPOINTMENTS

Instructor of Clinical Physical Medicine and Rehabilitation

NYU School of Medicine, New York, NY

2005 -2010

Assistant Professor of Rehabilitation Medicine

New York Medical College, Valhalla

NY 2010- present

Clinical Instructor, Department of Rehabilitation Medicine

Icahn School of Medicine at Mount Sinai, New York,

2015 – present

EDUCATION

Pain/ Interventional Spine Fellowship

Valley Pain Specialists, Bethlehem, PA

7/2010 -6/2011

Resident Physician and Chief Resident in Physical Medicine & Rehabilitation (PM&R), Post-Graduate

Rusk Institute of Rehabilitation Medicine - NYU Langone Medical Center, New York

7/2002 - 6/2004 & 7/2000 - 6/2001

Attending Physician

St. Joseph's Regional Medical Center, Paterson, NJ

7/2001 - 6/2002

3815 Putnam Ave., West Bronx, NY 10463 Nassau University Medical Ctr, East Meadow, NY

Resident Physician in Internal Medicine, Post Graduate

Pinnacle Health Systems (polyclinic and Harrisburg Hospitals,

Harrisburg, PA

July 1998 - June 2000

M.D.

St. George's University School of Medicine, Grenada, West Indies

12/1996

B.A.

Hampshire College, Amherst, Massachusetts

07/1989

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

Fellow

American Academy of Physical Medicine & Rehabilitation,

07/2008 – Present

Member

American Medical Association

1998 – 2004

American College of Physicians

1999 – 2006

Medical Society of the State of New York

2003 – 2006

Pennsylvania Medical Society

1998 – 2010

COMMITTEE MEMBERSHIPS

Physicians Representative of Pharmacy and Therapeutics Committee

Bellevue Hospital Center, New York, 2005 – 2008

Physician Representative of the Medical Executive Committee

Westchester Medical Center, Valhalla, New York

2008 – 2010

Physician Representative of Pharmacy and Therapeutics Committee

Westchester Medical Center, Valhalla New York

2009 – 2010

RESEARCH PROJECTS

Bilateral Femoral Neuropathy as a Complication of Prolonged Labor During Vaginal Delivery: A Case Report

Post-Stroke Depression and Acute Mental Status Change: A Case Report

Use Of Complementary And Alternative Therapies By Psychiatrist Attending And Resident Physicians And Their Recommendations To Patients: A Survey At An Academic Rehabilitation Center

Recurrent Pregnancy Related Transverse Myelitis with Quadriparesis and Respiratory Compromise: A Case Report

Study Of The Application Of Trans Thoracic Echocardiogram Verses Trans Esophageal Echocardiogram

Pituitary Adenoma: The Efficacy of Radiotherapy as a Sole Treatment

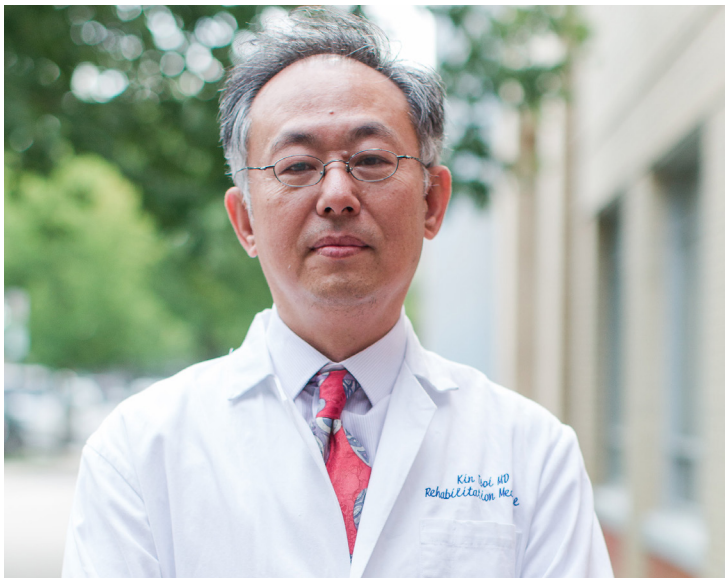
Prolactin Reduction after Combined Modality Therapy for Macroproactinomas

Tumor Regression and Hypopituitarism Following Primary or Adjuvant Radiotherapy for Pituitary Macroadenomas

Definitive External Beam Radiation Therapy for Inoperative Meningioma

Postoperative Radiation Therapy in Stage I and II Endometrium Carcinoma

Pituitary Adenoma: The Efficacy of Radiotherapy as the Sole Treatment



MEDICAL LICENSURE & CREDENTIALS

CURRENTLY ACTIVE:

State of New York
State of Connecticut
American Board of PM&R – Part I (passed) – Board Eligible
American Board of Pain Medicine – Board Eligible
American Board of Internal Medicine – Board Certified

EXPERIENCE

Co-Medical Director
Lower Hudson Medical Associates, P.C.
2016 – Present
White Plains, NY

PM&R Faculty Attending Physician
Westchester Medical Center, Valhalla, NY
2012 – Present

Responsible for all aspects of inpatient consultation throughout medical center, such as stroke, trauma, geriatric and pediatric rehabilitation, TBI, SCI, and Burn Rehabilitation and Post-orthopedic rehabilitation

Interventional Pain Management Attending
Minimally Invasive Pain Intervention, Albany, NY
2011 – 2013

PM&R Faculty Attending Physician
Westchester Medical Center, Valhalla, NY
2007 – 2009
W18 bed acute in-patient rehabilitation unit, responsible for all aspects of in-patient rehabilitative services and in-patient consultation throughout medical center, such as stroke, trauma, geriatric and pediatric rehabilitation, consultation services, TBI, SCI and burn rehabilitation and post-orthopedic rehabilitation

Consultant
Medical Database and Information Management
1998 – 2000
Study feasibility and implantation handheld system devices for point care in healthcare setting

Vice President
Horizon Medical Database and Information Management Inc., San Francisco, CA
1996 – 1998
Responsible software interface design on handheld or mobile PDA device for Apple Inc. used by healthcare professionals

HOSPITAL PRIVILEGES

Active privileges:
Westchester Medical Center
Faxton-St. Luke's Healthcare
St. Elizabeth Medical Center

PROFESSIONAL MEMBERSHIPS

American Medical Association (AMA)
Medical Society of the State of New York (MSSNY)
International Spinal Intervention Society (ISIS)
North American Spine Society (NASS)

EDUCATION & TRAINING

Interventional Pain Management Fellow
Spinal & Skeletal Pain Medicine and Minimally Invasive Pain Institute, Utica, NY (Two years fellowship with Nameer Haider, MD)
2009 – 2011

Resident and Chief Resident, Dept. of Physical Medicine & Rehabilitation
Kingsbrook Jewish Medical Center, Brooklyn, NY
Training and Experience in Electrodiagnosis/ EMG, Musculoskeletal Medicine and Manipulation, Inpatient/Outpatient Rehabilitation, Geriatric and Pediatric Rehabilitation Consultation services, TBI, SCI and Burn Rehabilitation. Interventional. Fluoroscopic Pain Management, and Occupational Medicine.

Resident and Chief Resident
Brookdale University Hospital, Brooklyn, NY
Dept. of Internal Medicine
2000 – 2003
Training and experience in internal medicine and board certified in 2004
St. George's University, School of Medicine
M.D. degree
1992 – 1996

Baccalaureate in Science (B.Sc.) Biology of Chemistry
Long Island University
1988 – 1992

CONTINUING EDUCATION

Interventional Pain Management Certificate Training Course University of Louisville, Interventional Pain Management CME conference, sponsored by the American Society of Interventional Pain Physicians.

2009
Training completed for Percutaneous Disc Decompression Nucleoplasty
2010
Training completed in Mechanical Percutaneous Discectomy-Decompressor
2010
Training completed for Spinal Cord Stimulation and Discography
2010
NANS (North American Neuromodulation Society) annual conference presentation on Spinal Cord Stimulation
2010
Training completed for Heat and Pulsed Radiofrequency Lesioning
2010
Training completed for Spinal Endoscopic Surgery
2011
Training completed for Minimally Invasive Lumbar Decompression (MILD) Surgery
2011
NANS (North American Neuromodulation Society) Annual Conference
2012

PROCEDURES PERFORMED

EMG/NCS

Interventional Fluoroscopic Pain Management
Minimally Invasive Spine Surgery
Endoscopic Discectomy
Transforaminal Epidural Steroid Injections at Cervical, Thoracic, Lumbar and Sacral Levels
Interlaminar epidurals at Cervical, Thoracic and Lumbar levels
Caudal Epidurals
Epidural Blood Patch
Facet Joint Injections at Cervical, Thoracic and Lumbar Levels
Thoracic Costovertebral Joint Injections
Intercostal Nerve Blocks
Lumbar Discography
Automated Mechanical Percutaneous Discectomy with Decompressor
Vertebroplasty/ Kyphoplasty
Medical Branch Blocks at Cervical, Thoracic and Lumbar Levels
Radiofrequency Lesioning (Dorsal Rhizotomy) of Medical Branches to Facet and Sacroiliac Joints
Pulsed Radiofrequency Lesioning of Cranial Nerves, Peripheral motor Nerves, and Spinal nerve DRG
Lumbar Epidural Adhesiolysis
Spinal Endoscopic Surgery
Minimally Invasive Lumbar Decompression (MILD) Surgery
Implantable Spinal (Dorsal Column) Stimulator Trials and Permanent Surgical Implantation
Intrathecal Pump Implantation Surgery
Sympathetic Nerve Blocks at all Levels
Peripheral Nerve blocks
Trigger Point Injections
Botox Injections
Joint Injections, Joint Arthrography