

RAJ D. TOLAT, MD, MBA

OWNER/ MEDICAL DIRECTOR

PREMIER PHYSICAL MEDICINE & REHABILITATION

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PREMIER EAST PHYSICAL MEDICINE & REHABILITATION

2920 ROUTE 112, MEDFORD, NY 11763

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CURRENT APPOINTMENTS/ACADEMIC POSITIONS

ATTENDING PHYSICIAN, NORTSHORE-LONG ISLAND JEWISH HEALTH SYSTEM

July 1, 2000 - Present

Department of Physical Medicine and Rehabilitation

ASSISTANT PROFESSOR, ALBERT EINSTEIN COLLEGE OF MEDICINE

July 1, 2000 – Present

Department of Physical Medicine and Rehabilitation

RECENT APPOINTMENTS

DHD Medical, PC, Brooklyn, NY

Residency Program Director, North Shore-Long Island Jewish Health System

July 1, 2005 – June 30, 2008

Department of Neurology, Division of Physical Medicine & Rehabilitation

LICENSURE

AMERICAN BOARD OF PHYSICAL MEDICINE AND REHABILITATION

1997 – NEW YORK STATE MEDICAL LICENSE - USMLE

EDUCATION

MASTERS IN BUSINESS ADMINISTRATION (MBA), AMERICAN INTERCONTINENTAL UNIVERSITY, ATLANTA, GA

February 2005 – Healthcare Management

DOCTOR OF MEDICINE (MD), MOUNT SINAI SCHOOL OF MEDICINE, NEW YORK, NY

MAY 1996

BACHELOR OF SCIENCE (BS), CITY UNIVERSITY OF NEW YORK, NEW YORK, NY

May 1994 – Sophie Davis School of Biomedical Education

POSTDOCTORAL TRAINING

RESIDENT, LONG ISLAND JEWISH MEDICAL CENTER, NEW HYDE PARK, NY

1997 -2000 – Department of Physical Medicine and Rehabilitation

INTERN, WINTHROP UNIVERSITY HOSPITAL, MINEOLA, NY

1996 -1997 – Department of Physical Medicine and Rehabilitation

HONORS/AWARDS

AMERICAN INTERCONTINENTAL UNIVERSITY

Graduated with Honors (GPA 4.0)

LONG ISLAND JEWISH MEDICAL CENTER

1999 – 2000, Chief Resident

SOPHIE DAVIS SCHOOL OF BIOMEDICAL EDUCATION

Graduated Summa Cum laude (GPA 3.80), B.S. Biomedicine.

1992 – 1994 Dean's List

RESEARCH/ PUBLICATIONS

Sabet F, Unson F, Covington E and Tolat RD. Induction of Anesthesia as a Treatment for Complex Regional Pain Syndrome: A Case Report and Review. Poster presentation at the annual meeting of the Association of Academic Physiatrists, March 2006.

Lai H and Tolat RD. Paroxetine-related tremor. Geriatrics 2005; 60 (7): 18-20.

Tolat RD, Sabet F, and Williams J. Functional Electrical Stimulation in Post Stroke Dysphagia. Poster presentation at the annual meeting of the Association of Academic Physiatrists, February 2005.

Tolat RD. Helping Stroke Victims Rehabilitate. Western Queens Tribune April 2004; 34 (16):24.

Tolat RD, O'Dell MW, Golamco-Estrella SP, and Avella H. Cocaine-associated stroke: three cases and rehabilitation considerations. Brain injury 2000; 14(4): 383-391.

Tolat RD, Beer J, Jadoon E, Lowell B, and Roth J. Pain, opioids, and aging: interactive mediators of immunosuppression. Ann Intern Med (submitted)

PRESENTATIONS

THE BUSINESS OF MEDICINE

Long Island Jewish Medical Center

Resident Lecture Series, December 2006

THE MANAGEMENT OF NEUROPATHIC PAIN

Flushing Hospital, Internal Medicine Grand Rounds, April 2006

North Shore University Hospital at Glen Cove, Family Practice Grand Rounds, March 2006

Southside Hospital, Family Practice Grand Rounds, March 2006

American Association of Physicians of Indian Origin (AAPI), CME Program, December 2005

Parker Jewish Geriatric Institute for Healthcare and Rehabilitation, Medical Grand Rounds, November 2005

THE MANAGEMENT OF SPASTICITY WITH BOTULINUM TOXIN

Nassau University Medical Center, CME Program, January 2007

Queens General Hospital, Internal Medicine Grand Rounds, October 2006

Bronx Veterans Administration Hospital, Physical Medicine and Rehabilitation Grand Rounds, June 2006

Downstate Medical Center, Physical Medicine and Rehabilitation Grand Rounds, May 2006

North Shore University Hospital, CME Program, March 2006

AN OVERVIEW OF PHYSIATRY

Long Island Jewish Medical Center, Resident Lecture Series, July 2006

Long Island Jewish Medical Center, Department of Podiatry Grand Rounds, July 2005

Long Island Jewish Medical Center, Department of Podiatry Grand Rounds, July 2006

ESSENTIALS OF EMPLOYMENT

Metro Area Geriatrics Society (MAGS), Invited Lecturer, December 2006

Long Island Jewish Medical Center, Resident Lecture Series, June 2005

New York Society of PM&R, Invited Lecturer, December 2010

Long Beach Hospital, Invited Lecturer, March 2011

ESSENTIALS OF MARKETING

Long Island Jewish Medical Center, Resident Lecture Series, May 2005

HEALTH SYSTEMS AND POLICIES

Long Island Jewish Medical Center, Resident Lecture Series, May 2005

LOW BACK PAIN: EVALUATION AND MANAGEMENT

Long Island Jewish Medical Center, Resident Lecture Series, September 2006

Long Island Jewish Medical Center, Resident Lecture Series, August 2005

North Shore University Hospital, Nursing Grand Rounds, September 2004

Long Island Jewish Medical Center, Resident Lecture Series, August 2004

American Association of Physicians of Indian Origin (AAPi), CME Program, June 2004

Parker Jewish Geriatric Institute for Healthcare and Rehabilitation, Medical Grand Rounds, May 2004

Center for Extended Care and Rehabilitation, North Shore University Hospital, Medical Grand Rounds, January 2004

Long Island Jewish Medical Center, Resident Lecture Series, August 2003

Center for Extended Care and Rehabilitation, North Shore University Hospital, Medical Grand Rounds, December 2002

Bronx Lebanon Hospital Center, Medical Grand Rounds, November 2002

Northport Veterans Administration Hospital, Medical Grand Rounds, September 2002

Parker Jewish Geriatric Institute for Healthcare and Rehabilitation, Medical Grand Rounds, June 2002

COMPLEX REGIONAL PAIN SYNDROME

Center for Extended Care and Rehabilitation, North Shore University Hospital, Medical Grand Rounds, January 2005

Long Island Jewish Medical Center, Resident Lecture Series, October 2004

Transitions of Long Island, In-Service Presentation, May 2004

SERONEGATIVE SPONDYLOARTHROPATHIES

Long Island Jewish Medical Center, Resident Lecture Series, September 2006

Long Island Jewish Medical Center, Resident Lecture Series, August 2005

Long Island Jewish Medical Center, Resident Lecture Series, August 2004

Long Island Jewish Medical Center, Resident Lecture Series, August 2003

New York Presbyterian Medical Center, Physical Medicine and Rehabilitation Grand Rounds, March 2003

Long Island Jewish Medical Center, Resident Lecture Series, May 2001

EARLY REHABILITATION OF ACUTE STROKE

Parker Jewish Geriatric Institute for Healthcare and Rehabilitation Medical Grand Rounds, August 2004

Center for Extended Care and Rehabilitation, North Shore University Hospital, Medical Grand Rounds, September 2004

REHABILITATION AFTER JOINT REPLACEMENT

Parker Jewish Geriatric Institute for Healthcare and Rehabilitation, Nursing in-Service, October 2002

INTRODUCTION TO CONSULTATION SERVICES

Long Island Jewish Medical Center, Resident Lecture Series, August 2002

BASIC STATISTICS

Long Island Jewish Medical Center, Resident Lecture Series, August 2006

Long Island Jewish Medical Center, Resident Lecture Series, August 2005

Long Island Jewish Medical Center, Resident Lecture Series, August 2004

Long Island Jewish Medical Center, Resident Lecture Series, October 2002

MONTHLY JOURNAL CLUB

Long Island Jewish Medical Center, Resident Lecture Series, 2001-2006

PHARMACEUTICAL COMPANY PRESENTATIONS

Pfizer: Celebrex

Pfizer: Lyrica

Alpharma: Flector Patch

Allergan: Botox Injectable

Vertical Pharmaceuticals: Lorzone and ConZip

ORGANIZATIONS

AMERICAN ASSOCIATION OF PHYSICIANS OF INDIAN ORIGIN (AAPI)

CERTIFICATIONS

Lower Limb Prosthetics and Orthotics

Upper Limb Prosthetics and Orthotics

Spinal Orthotics

CLINICAL INTERESTS

Pain Management

Medical Administration/Management

Resident Education

Brain Injury

Geriatric Rehabilitation

NOT FOR PROFIT WORK

Member of the Board of Directors for Aarti Foundation, Inc. (501c3)

(raises funds for organizations in the U.S. and abroad including HIV programs, eye care for the poor and elderly, and food subsidies for the less fortunate)